

# Power Play Tiny Tots

Shirley Ryan  
**Abilitylab**

## 2025 Constraint-induced Movement Therapy Camp & Parent Support Group

Baby Constraint-Induced Movement Therapy (CIMT) is an evidence-based approach for infants and toddlers with hemiplegia and other related conditions\*. It involves constraining the less affected arm with a removable cast to encourage use of the affected arm.



Monday, June 2–Friday, June 6  
8–10 am  
355 East Erie Street, Floor 18  
Ages 3 months–4 years



Research has proven that children as early as three months of age should begin CIMT.

Led by our specialty trained occupational therapists, this program focuses on early intervention and caregiver collaboration. It's designed to empower caregivers by educating them on how to carryover strategies within their home and routines. This unique program includes:

- Customized cast
- Cast wear schedule
- One week intensive caregiver education course
- Follow-up intervention and caregiver collaboration
- Tailored home exercise program
- Parents and caregivers are invited to attend a support group led by a licensed social worker that will provide communication, support and resources

Camp activities will target training the affected arm in play and daily routines such as sensory exploration, interacting with toys, mealtimes, dressing, bath time, and more! Therapists will be one-on-one to provide direct feedback on how strategies will be used within your home.

Follow-up appointments can be conducted via telehealth or at our clinic to ensure applicability within your family routines. To best accommodate your insurance plan, please contact us if your child is currently enrolled in early intervention (EI) services

\*Conditions may include pediatric stroke, traumatic brain injury, hemiplegia, quadriplegia, cerebral palsy, brachial plexus injury, and any health conditions that impact use of one upper extremity.



To sign up, email [pedscamps@sralab.org](mailto:pedscamps@sralab.org), including the camp name in the subject line, or call 312.238.1139.