**Life-Satisfaction Questionnaire-9 (LISAT-9)**Adapted from Fugl-Meyer AR, Branholm IB, and Fugl-Meyer KS, Happiness and domain-specific life satisfaction In adult northern Swedes, Clin Rehabil, 5: 25-33, 1991; Table 3. Used with permission from Sage Publishing.

Life-Satisfaction Questionnaire-9 (LISAT-9) Worksheet:

Patient Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How satisfactory are these different aspects of your life? Indicate the number which best suits your situation.

1 = very dissatisfying 4 = rather satisfying

2 = dissatisfying 5 = satisfying

3 = rather dissatisfying 6 = very satisfying

Score: (1-6)

Life as a whole is \_\_\_\_\_\_\_\_

My ability to manage my self-care (dressing, hygiene, transfers, etc.) is \_\_\_\_\_\_\_\_

My leisure situation is \_\_\_\_\_\_\_\_

My vocational situation is \_\_\_\_\_\_\_\_

My financial situation is \_\_\_\_\_\_\_\_

My sexual life is \_\_\_\_\_\_\_\_

My partnership relation is \_\_\_\_\_\_\_\_

My family life is \_\_\_\_\_\_\_\_

My contacts with friends and acquaintances are \_\_\_\_\_\_\_\_

Sum: \_\_\_\_\_\_\_\_

**Life-Satisfaction Questionnaire -11 (LISAT-11)**Adapted from Fugl-Meyer AR, Branholm IB, and Fugl-Meyer KS, Life Satisfaction in 18- to 64-year old Swedes: In Relation to Gender, Age, Partner and Immigrant Status, J Rehabil Med, 34: 239-46, 2002; Appendix A. Used with permission from Taylor & Francis.

Life-Satisfaction Questionnaire-11 (LISAT-11) Worksheet:

Patient Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How satisfactory are these different aspects of your life? Indicate the number which best suits your situation for each of these statements.

1 = very dissatisfying 4 = rather satisfying

2 = dissatisfying 5 = satisfying

3 = rather dissatisfying 6 = very satisfying

Score: (1-6)

Life as a whole is \_\_\_\_\_\_\_\_

My vocational situation is \_\_\_\_\_\_\_\_

My financial situation is \_\_\_\_\_\_\_\_

My leisure situation is \_\_\_\_\_\_\_\_

My contacts with friends and acquaintances are \_\_\_\_\_\_\_\_

My sexual life is \_\_\_\_\_\_\_\_

My ability to manage my self-care (dressing, hygiene, transfers, etc.) is \_\_\_\_\_\_\_\_

My family life is ☐ have no family \_\_\_\_\_\_\_\_

My partnership relation is ☐ have no steady partner relationship \_\_\_\_\_\_\_\_

My physical health is \_\_\_\_\_\_\_\_

My psychological health is \_\_\_\_\_\_\_\_

Sum: \_\_\_\_\_\_\_\_