


How Do I Choose?

Taking the next step toward recovery

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Choosing a rehabilitation hospital for your loved one's next level of recovery can be overwhelming. Here are a few things to consider as you review your options.

Are they a specialty-care hospital?

The hospital you choose should be ranked and accredited in the field of Physical Medicine & Rehabilitation.

Do they have significant experience in treating my loved one's condition?

The facility should have years and years of experience treating patients and innovating care for someone who is facing a tough recovery.

Is it a compassionate and inclusive environment?

Family should always be welcome and encouraged to participate in therapy sessions. The hospital staff should emanate positivity every day.

Do they have an interdisciplinary team to address all aspects of recovery?

Doctors, Nurses, Physical Therapists, Occupational Therapists, Speech Therapists, Psychologists and many other supporting team members should be involved in meeting your loved one's unique needs.

How will they help prepare us for going home?

The facility should be equipped with Activity of Daily Living spaces to practice navigating a kitchen, bedroom or bathroom during therapy. Dedicated social workers and discharge planners should be involved in helping obtain equipment and transportation, and with other needs.

How can they help my family?

Family education, an on-site library and resource center, and peer mentor programs provide relevant information and support to both families and patients throughout the recovery process.

Do they have programs for continued care after leaving the hospital?

Your loved one may require additional therapy after they are discharged. Outpatient and DayRehab programs make sure progress continues with the same level of quality.

Are they innovative?

The hospital you choose should be invested in ongoing research, grants and clinical trials to continually evolve and improve therapies for your loved one's condition.



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